

HIIT BIKE 9-4650

THE STATIONARY BIKE GETS A BAD ATTITUDE.

The name known for some of the most demanding workouts in the gym now has a new workout your members will love to hate. Tested to withstand 1400 lbs of force, the Throwdown® HIIT Bike[™] offers a robust design and features dual action wind resistance that provides a total body cardio workout. The HIIT Bike is designed to push you past your breaking point and keep working long after you can't.



THROWDOWN HIIT PROGRAMMING

Have your trainers and coaches HIIT certified by our Master Instructors, leverage our unique HIIT products to attract members and learn to market your own exciting HIIT program to create a new source of revenue for your facility.



TRACK YOUR

Track your workout with detailed metrics, follow one of the built in workout programs, and connect to your phone via Bluetooth to save and share your workout. The console also comes equipped with ANT+ giving you the ability to pair with heart rate trackers and connect to group displays.

THROWDOWN®



51 in (130 cm)
29 in (74 cm)
58 in (147 cm)
Dual action wind resistance
Airfit Saddle
Height - pop pin, Fore/Aft - micro-adjustment
Morse Taper
Yes
Wrinkle Black
Heavy-gauge welded steel construction
Electro-static powder-coat
Throwdown HIIT
NA
350 lbs (159kgs)
4 ft 11 in to 6 ft 8 in (150 to 203 cm)
146 lbs (66kg)
50 in x 21 in x 27 in (127 cm x 53 cm x 68 cm)
168 lbs (76 kg)

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Fixed Segment LCD
13.8in ²
Yes
5
5
5 (Time, Distance, Calories, Time Interval, Calorie Interval)
Power two C cell batteries or an optional external power supply can be ordered
Yes
Yes
Yes
Yes
No
Yes
Yes
Yes

HIIT CONSOLE

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.



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